

# Osteoporosis Scores Z Score

**Marcel A. Müller**

*What is Osteoporosis and What Causes It?* Osteoporosis is a bone disease that occurs when the body loses too much bone, makes too little bone, or both. As a result, bones become weak and may break from a fall or, in serious cases, ...

**Osteoporosis: What you need to know | NIH MedlinePlus Magazine** Nov 21, 2024 · Osteoporosis makes your bones weak and more likely to break. Risk goes up with age, and women are at higher risk than men. It's important to get screened for osteoporosis at appropriate times and talk to your health care provider about how to prevent it. Treatment options are also available. **Osteoporosis: Causes, Risk Factors, Diagnosis, and Treatment** Aug 27, 2024 · Osteoporosis is a bone disease that causes a loss of bone density. Get the basics on osteoporosis -- including causes, symptoms, treatment, and prevention at WebMD. [Osteoporosis - Johns Hopkins Medicine](#) Osteoporosis causes a loss of bone mass and destruction of bone tissue. The bones most often affected are the hips, spine, and wrists. *Osteoporosis - Symptoms and causes - Mayo Clinic* Feb 24, 2024 · Osteoporosis-related breaks most commonly occur in the hip, wrist or spine. Bone is living tissue that is constantly being broken down and replaced. Osteoporosis occurs when the creation of new bone doesn't keep up with the loss of old bone. Osteoporosis affects men and women of all races. [Osteoporosis: Diagnosis, Treatment, and Steps to Take](#) Osteoporosis is a disease in which your bones become weak and are more likely to break. Discover factors that may cause osteoporosis & how to prevent it. *Osteoporosis: Symptoms, Causes and Treatment - Cleveland Clinic* Jul 20, 2023 · What is osteoporosis? Osteoporosis is a disease that weakens your bones. It makes your bones thinner and less dense than they should be. People with osteoporosis are much more likely to experience broken bones (bone fractures).

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